

June 2010 Activities

Grand Haven Activity Center • 616-842-9210 • Hours: Mon. - Fri. 8:00 a.m. - 4:00 p.m.

Please call to confirm scheduled events!

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<p>1</p> <p>9:00 Stretch & Tone 10:00 Knitting Prayer Shawls 10:00 Pool Tips 10:00 Beginning Tai Chi 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 Bunco</p>	<p>2</p> <p>9:30 Line Dance 10:30 Silver Swimmers 11:00 Chef's Coice 12:00-1:00 Soup & Salad Bar 1:00 Euchre 2:00 Gentle Yoga</p>	<p>3</p> <p>9:00 Stretch & Tone 10:00 Crafts 12:00 Knitters 1:00 Cribbage 1:00 Bridge</p>	<p>4</p> <p>9:30 Bingo 10:00 Line Dancing 10:00 Mall Run 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot</p>	
	<p>7</p> <p>9:00 Advisory Council 10:00 Tai Chi 10:30 Scrabble 11:00 Counting Carbs 1:00 Bingo 2:00 Gentle Yoga</p>	<p>8</p> <p>9:00 Stretch & Tone 10:00 Knitting Prayer Shawls 10:00 Pool Tips 10:00 Beginning Tai Chi 11:00 Lunchtime Showcase 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 Bunco 2:30 Weatherization Class</p>	<p>9</p> <p>9:30 Line Dance 10:30 Silver Swimmers 12:00-1:00 Soup & Salad Bar 1:00 Euchre 2:00 Gentle Yoga</p>	<p>10</p> <p><i>Footcare</i> 9:00 Stretch & Tone 10:00 Writer's Group 1:00 Cribbage 1:00 Bridge 1:15 One-Stroke Painting 5:00 Dinner Club</p>	<p>11</p> <p><i>Blood Pressure Checks - am</i> <i>Legal Aid, by Appt.</i> 9:30 Bingo 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot</p>	
	<p>14</p> <p>10:00 Tai Chi 10:30 Scrabble 11:00 Counting Carbs 1:00 Bingo 2:00 Gentle Yoga</p>	<p>15</p> <p>9:00 Stretch & Tone 10:00 Knitting 10:00 Pool Tips 10:00 Beginning Tai Chi 10:00 Book Club 11:30 Grief Support Group 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 Bunco 8:30 ~ 8:30 Chicago Day Trip</p>	<p>16</p> <p><i>Hearing Checks 9-1</i> 9:30 Line Dance 10:30 Silver Swimmers 12:00-1:00 Soup & Salad Bar 12:00 Foxy Ladies Lunch 1:00 Euchre 2:00 Gentle Yoga</p>	<p>17</p> <p>Spring Lake Heritage Festival 9:00 Stretch & Tone 1:00 Cribbage 1:00 Bridge</p>	<p>18</p> <p>9:30 Bingo 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot 2:00 Diabetes Support Group</p>	
	<p>21</p> <p>10:00 Tai Chi 10:30 Scrabble 11:00 Counting Carbs 11:30-12:30 Father's Day Picnic 1:00 Bingo 2:00 Gentle Yoga</p>	<p>22</p> <p>9:00 Stretch & Tone 10:00 Knitting Prayer Shawls 10:00 Pool Tips 10:00 Beginning Tai Chi 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 Bunco</p>	<p>23</p> <p>9:30 Line Dance 10:30 Silver Swimmers 11:00 Wednesday Forum: "Planning Ahead for all the Right Reasons" 12:00-1:00 Soup & Salad Bar 12:00-1:00 Grief Support Group 1:00 Euchre 2:00 Gentle Yoga</p>	<p>24</p> <p>9:00 Stretch & Tone 11:00-1:00 June Birthday Party 1:00 Cribbage 1:00 Bridge 1:15 One Stroke Painting</p>	<p>25</p> <p>9:30 Bingo 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot</p>	
	<p>28</p> <p>10:00 Tai Chi 10:30 Scrabble 11:00 Counting Carbs 1:00 Bingo 2:00 Gentle Yoga</p>	<p>29</p> <p>10:00 Knitting Prayer Shawls 10:00 Beginning Tai Chi 10:00 Pool Tips 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 Bunco</p>	<p>30</p> <p>9:30 Line Dance 10:30 Silver Swimmers 11:00 Wednesday Forum: "MI Customer Choice Program" 12:00-1:00 Soup & Salad Bar 1:00 Euchre 2:00 Gentle Yoga</p>			